

## "The Wives of Excellence Training Program"

## A Four-Week Training Program for Women

## **Wives of Excellence Program Outline**

- Session #1: Tuesday, April 8, 2014 (9pm to 10pm) (Topic: Boundaries pt.1) Class Focus: This first session will examine boundaries at a high level, and how it impacts a wife's spiritual walk and her relationship with the world. One of the best things that a wife can do is understand the life boundaries that God has given to her. Before you begin this session, take some time think about the boundaries that you've established for yourself as a wife.
- ➤ Session #2: Tuesday, April 15, 2014 (9pm to 10pm)(Topic: Boundaries pt. 2) Class Focus: What types of boundaries should a wife have with members of the opposite sex? How does she maintain reconciled relationships with her husband and other family members? The Wife Coach will examine different types of boundaries that exist within a wife's life, along with several practical tips for living them out.
- Session #3: Tuesday, April 22, 2014 (9pm to 10pm) (Topic: Boundaries pt. 3) Class Focus: How does a wife know when a boundary line is needed? What types of scenarios clue her to the fact that she needs a boundary? The Wife Coach will discuss how wives identify the potential need for boundaries before one actually arises. She will talk about how wives can use boundaries to guard the prosperity of her family.
- Session #4: Tuesday, April 29, 2014 (9pm to 10pm) (Topic: Boundaries pt. 4) Class Focus: What does a wife do when a boundary line is crossed? How does she handle this? The Wife Coach will discuss boundaries and what happens when they are transgressed within the context of relationships. She'll also discuss a wife's journey towards psychological and emotional healing.
- > Session #5: Saturday, May 10, 2013 (11:00am to 1:00pm)
  Class Focus: Women's brunch in New York City! Enjoy and relax in a fun, vibrant social environment with those who took part in the wives of excellence training program!
- ➤ Wives Q&A Sessions: May 6<sup>th</sup>, May 13<sup>th</sup>, May 20<sup>th</sup>, May 27<sup>th</sup> 2013 (9pm to 10pm) Class Focus: In these sessions wives will have the opportunity to ask questions about the class materials and share their personal experiences with other wives. These sessions available to those who register for the "Wives of Excellence Extended Course Package"

"What you do makes a difference."

